

Abstract

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Title of the work: Case history of patient suffering from rupture of the Achilles tendon

In my bachelor's thesis I dedicate most of the time to the problems connected with the rupture of the Achilles tendon and ensuing rehabilitation. This work consists of two parts – a theoretic one and a special one.

The theoretic part deals with anatomy, physiology, kinesiology, biomechanics of the ankle joint and last but not at least with the Achilles heel. Then you can find there more about the formation of the lesion and ensuing operative or conservative solution of this rupture.

The practical part is elaborately working with the case history of patient affected by this type of injury and also describes possibilities of rehabilitation care. Case history which is used in my thesis was created during continuous and professional practise in rehabilitation centre known as CLPA in Prague.

Key words: rupture of the Achilles tendon, physiotherapy, rehabilitation